


BALBOA SWIMMING POOL FALL 2015 SEPT 8-DEC 19,2015

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Lap Swim 6:15am-8:00am		Lap Swim 6:15am-8:00am		SAN FRANCISCO MERIONETTES	
	Swim Fitness-lanes1&2 6:30am-7:30am		Swim Fitness-lanes1&2 6:30am-7:30am			
	Balboa HS class		Balboa HS class	Balboa HS class		
	Senior/Special Needs Swim 9am-10am	Senior/Special Needs Swim 9am-10am	Senior/Special Needs Swim 9am-10am	Senior/Special Needs Swim 9am-11am	Water Aerobics 9am-10am	
	Water Aerobics 10am-11am	Pre-School Lesson 10:15am-10:45am	Water Aerobics 10am-11am	Pre-School Lesson 10:15am-10:45am	Pre-School Lessons 10-10:30am & 10:30-11am	
		Water Aerobics 10am-11am	CLOSED FOR STAFF TRAININGS & MEETINGS		Level 3/4 11:10-11:40am	
Lap Swim 12:30n-2:00pm	Lap Swim 12:30pm-2:00pm	Leadership HS class 12:30pm-2:00pm			Lap Swim 12:30n-2:00pm	Teen/Adult 11:50-12:20pm
						Recreation Swim 1:30pm-3:15pm
Recreation Swim 3:00pm-4:00pm	Recreation Swim 3:00pm-4:00pm	Recreation Swim 3:00pm-4:00pm	Recreation Swim 3:00pm-4:00pm	Recreation Swim 3:00pm-4:00pm	Lap Swim 3:30pm-4:30pm	
Level 3 & 4 Lessons 4-4:30pm	Level 1 & 2 Lessons 4-4:30pm	Level 3 & 4 Lessons 4-4:30pm	Level 1 & 2 Lessons 4-4:30pm	Level 2 & 3 Lessons 4:00-4:30pm		
BALBOA SHARKS YOUTH SWIM TEAM MON - FRI 4:30pm-6:30pm						
Lap Swim 6:30pm-7:30pm	Water Aerobics 6:30pm-7:30pm	Lap Swim 6:30pm-7:30pm	Water Aerobics 6:30pm-7:30pm	Lap Swim 6:30pm-7:30pm		
	SAN FRANCISCO MERIONETTES		SAN FRANCISCO MERIONETTES	Teen/Adult Lesson 7:40pm-8:10pm		
				SAN FRANCISCO MERIONETTES		

