Interior Greenbelt Park is situated on the eastern slope of Mt. Sutro. Trails ascend through a shaded, wooded valley, past Franciscan cliff outcrops, and connect to a network of trails in the Mt. Sutro Open Space Reserve. The landscape and tall trees provide a sense of seclusion, offering a respite from city living. The park is almost entirely covered by a blue gum eucalyptus forest, although small native plant populations exist in the understory. This urban forest provides habitat for a variety of resident and migratory birds. An old creek bed often carries water through the valley in early spring following substantial rainfall.

In the late 1800s, Adolph Sutro owned one-twentieth of the airspace of San Francisco, including what is now the Interior Greenbelt. On Arbor Day in 1886, Sutro brought schoolchildren to what was then called Mt. Parnassus to plant the hillside with eucalyptus, Monterey cypress, and Monterey pines.

Enjoy your stay. Go Out and Play, and please take your trash away!

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